



**THE UNITED SELF DEFENSE
FEDERATION**

CLINIC/AWARD BANQUET

**AT: Crowne Plaza
Cleveland Airport
7230 Engle Rd.,
Middleburg Heights, Ohio 44130**

**Hotel front desk # 1-440-243-4040
www.crowneplaza.com/clevelandarpt**

Time: April 18, 2009, Sunday

BANQUET COST: Adult- \$36 Children-\$17 Includes: tax and service charge

CLINIC WORK OUT COST: Adult-\$20 Children 12yrs and under \$10

Clinic Schedule: Sign up 10:00 am

Warm up 10:30-11am

Clinics: 11 am to 12 Noon Masters Demo

1st Hour Session 12-1pm 2nd Hour Session 1-2pm

Open Swimming and limited Access for Showers 2:30-4:30

Get Acquainted: 4:30-5:30pm Cash Bar in Banquet room

Dinner: 5:30pm

Awards: 6:30pm

Adult: Hand breaded Chicken or Stuffed Egg plant, Grilled vegetables, Salad, Rolls and butter, with Dessert and Beverage.

Children: Spaghetti or Chicken Fingers with Dessert and Beverage.

Please give your meal selection with your CONFIRMATION OF ATTENDANCE.

**PLEASE MAKE CHECK OUT TO BOB FIELDS OR CASH AT DOOR,
CONFIRMATION OF ATTENDANCE NO LATER THAN April 12th., WE NEED YOUR
NAME ON THE LIST AT THE BANQUET DOOR.**

***Introducing Masters Teaching:* Aikido, Ju Jutsu, Shotokan Karate,
Capoeira, Aiki Jutsu, Escrima, Distance Defense, Self Defense, and
Shaolin T'ai Chi with Shaolin Monk, Wu Shangwei.**

Call: Dianne Palumbo Sales Manger at **440-243-6333** or **440-243-4040** for Family discount
room rates.

Note: Discount room rate at only \$79 per night - mention the banquet and

the discount is under Ford Motor - Bob Fields

Cash Items will be available to Purchase in Banquet room

**Please call Bob Fields 216-376-6509 or set you and your family's confirmation with Master
Tim Loomis, Master Jim Meola, Master James Longs, Master Hugh Cassidy, Master Randy
Fields, GrandMaster Hattfield.**